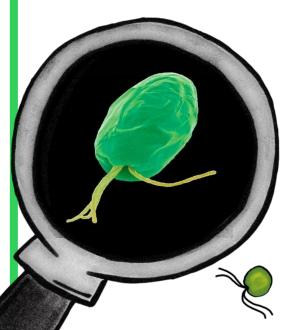
Tetraselmis chuii

Microalgae



Unicellular organism

4 flagella



Nutritional benefits:

Source of omega 3 and 6 fatty acids. Rich in vitamins such as A, B1, B2, B6, C, E. High protein content, a source of essential amino acids and following pigments: chlorophyll, lutein, β – carotene, etc.

Health benefits:

It is an anti-oxidant and slows down natural skin aging.



How to eat it:

Approve by EFSA (Regulation UE 2017/2470) and therefore can directly added in food. Because of its natural seafood flavor, this microalgae could be used to flavor couscous, mayonnaise and marinades or even make new vegan seafood products (such as vegan fish soups).

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Color: Light green to dark green.

Habitat:

Found in both marine and freshwater ecosystems across the globe if enough nutrients and light are available.





